

FRIENDSHIP BRACELETS FOR OUR MILITARY KIDS

ABOUT OUR MILITARY KIDS

Our Military Kids recognizes the sacrifice of children (ages 1–18) of deployed National Guard, deployed Reserve, or post 9/11 combat-injured service members by offering extracurricular activity grants that build the child's self-confidence, enhance family wellness, and strengthen a shared sense of community.

FRIENDSHIP BRACELET INSTRUCTIONS

To make a friendship bracelet,

you will need:

- Embroidery floss (examples from <u>Amazon</u> and <u>Michaels</u>)
- Tape (invisible, masking or paper/washi tape all work well)
- Scissors

To make a friendship bracelet, following the steps below:

- Start by cutting (4) strands of embroidery floss about 24" in length
- 2. Tie a knot about 1" from the top
- 3. Tape the knotted end to a table or use a clipboard
- Follow the step-by-step instructions in the graphic to the right

REMINDER: The ages of OMK children range from **1 to 18 years old**, so feel free to make multiple bracelets geared toward different age groups and genders!

The Our Military Kids team will include your friendship bracelets cards in "Top Secret" grant packets that are sent out to military kids and teens across the country!

Start with string I and loop it over and then under string 2. Hold string 2 straight (this is important) and pull the knot Do step 🚺 snug. a second time so you have a double knot. Now take string | and make double knots Now do the around each of same thing again. the remaining Start with the strands (3 and far left strand 4), This is the string you'll be 2 working with next. 2 and tie double left knots, left to right, all the way across the other colors. Keep going until the bracelet is as long as you would like. Gather the strings and tie a knot to secure. Trim the ends to about